

Editorial

The Department of Atherosclerosis of the Brazilian Society of Cardiology is very proud of bringing to your hands this new edition of The International Journal of Atherosclerosis. The editors are struggling hard to maintain the regular and punctual publication of this journal targeting its international indexation. As everyone can guess it is a very difficult task to obtain good quality original articles while the journal is not considered an important and recognized vehicle for cutting edge science publishing. Nevertheless, this issue has assembled exciting material. Accordingly you will find the second part of the unstable angina guidelines defining diagnostic and therapeutic recommendations to be implemented for all who are involved with this frequently found health problem. A second article describing important risk factors found among familial hypercholesterolemic subjects calls attention to the generally undervalued presence of many lifestyle characteristics that could have an impact on the already high cardiovascular risk faced by these patients. Also related to risk factors there are other two articles embracing diet and nutrition habits: one with general comments calling the attention of diet as the cornerstone for cardiovascular prevention and the other evaluating eating patterns of an elderly population. Finally but not less important is the review evaluating new approaches for smoking cessation.

If you are happy by receiving this journal and if it brought you some important and anxiously expected information, please, think about sending us your next work for publication. Your understanding of our efforts will help our Department of Atherosclerosis to maintain this valuable communication vehicle.

Good reading for all.

Marcelo C. Bertolami

Associate Editor IJA